

PlayWELL

No.	Activity Title (200 characters)	Vendor Name	Min Age Requirement	Min Height Requirement
1	Active Family Programme	Team Axis and HPB		
2	Aerial Hoop	Abvolution Holdings Pte Ltd	This activity is only suitable for guests who are ages 16 and above.	NA
3	Aqua Bike	The Ripple Club	NA	This activity is only suitable for guests who have a minimum height requirement of 1.5m.
4	Backbends 101 by Yenny Christine (True Fitness Hour)	True Fitness	This activity is only suitable for guests who are ages 18 and above.	NA
5	Beach Pop Cycle	Abvolution Holdings Pte Ltd	This activity is only suitable for guests who are ages 16 and above.	This activity is only suitable for guests who have a minimum height requirement of 1.55m.
6	Beach Sand Art	ArtVerse	This activity is only suitable for guests who are ages 6 and above. For kids below 12, it is advisable to be accompanied by 1 adult.	NA
7	Beach Tufting	ArtVerse	This activity is only suitable for guests who are ages 6 and above. For kids below 12, it is advisable to be accompanied by 1 adult.	NA
8	Bearbrick Keychain	ArtVerse	This activity is only suitable for guests who are ages 6 and above. For kids below 12, it is advisable to be accompanied by 1 adult.	NA
9	Breathwork Essentials by Jacob Manning (True Fitness Hour)	True Fitness	This activity is only suitable for guests who are ages 18 and above.	NA
10	Bunny Yoga	Brandon	This activity is only suitable for guests who are ages 12 and above.	NA
11	Calisthenics Fundamentals by Jacob Manning (brought to you by True Fitness)	True Fitness	This activity is only suitable for guests who are ages 18 and above.	NA

12	Discovery Walk			
13	DIY Crystal	ArtVerse	This activity is only suitable for guests who are ages 6 and above. For kids below 12, it is advisable to be accompanied by 1 adult.	NA
14	FIGHT DO® by Yati & Eran (True Fitness Instructors) (True Fitness Hour)	True Fitness	This activity is only suitable for guests who are ages 18 and above.	NA
15	Float Fit (HIIT)	Abvolution Holdings Pte Ltd	This activity is only suitable for guests who are ages 16 and above.	NA
16	Float Fit (Yoga)	Abvolution Holdings Pte Ltd	This activity is only suitable for guests who are ages 16 and above.	NA
17	Fluid Expression - Power Flow by Yenny Christine (brought to you by True Fitness)	True Fitness	This activity is only suitable for guests who are ages 18 and above.	NA
18	Intelligent Backbends by Jacob Manning (brought to you by True Fitness)	True Fitness	This activity is only suitable for guests who are ages 18 and above.	
19	Inversions Fundamentals by Yenny Christine (brought to you by True Fitness)	True Fitness	This activity is only suitable for guests who are ages 18 and above.	NA
20	Jump Fit	Fun Fit Studio	This activity is only suitable for guests who are ages 8 and above. For kids below 8, it is advisable to be accompanied by 1 adult.	NA
21	KPopX Fitness by Barry & Robyn (True Fitness Instructors) (True Fitness Hour)	True Fitness	This activity is only suitable for guests who are ages 18 and above.	NA
22	LES MILLS BODYCOMBAT™ by Les Mills instructor Stephanie Angkiriwang (aka Angki) (True Fitness Hour)	True Fitness	This activity is only suitable for guests who are ages 18 and above.	NA
23	Light Up The Dark Yoga	Brandon	This activity is only suitable for guests who are ages 10 and above.	NA
24	Meditation	Abvolution Holdings Pte Ltd	This activity is only suitable for guests who are ages 16 and above. For kids below	NA

			12, it is advisable to be accompanied by 1 adult.	
25	Mini Plaster Character Painting	ArtVerse	This activity is only suitable for guests who are ages 6 and above. For kids below 12, it is advisable to be accompanied by 1 adult.	NA
26	Muay Thai Fitness and Fun	JR Muay Thai	This activity is only suitable for guests who are ages 12 and above. For kids below 12, it is advisable to be accompanied by 1 adult.	
27	Ocean Candle Making	ArtVerse	This activity is only suitable for guests who are ages 6 and above. For kids below 12, it is advisable to be accompanied by 1 adult.	NA
28	Quick HIIT	Certis Fitness and HPB		
29	Rebalance Body and Mind with Ishiki (Awareness) Breath	Sense Therapy	This activity is only suitable for guests who are ages 9 and above. For kids below 9, it is advisable to be accompanied by 1 adult.	NA
30	Recycled Paper Making	ArtVerse	This activity is only suitable for guests who are ages 6 and above. For kids below 12, it is advisable to be accompanied by 1 adult.	NA
31	Silent Kickboxing	Silent Disco Asia	This activity is only suitable for guests who are ages 7 and above. For kids below 12, it is advisable to be accompanied by 1 adult.	NA
32	Spin Out	Abvolution Holdings Pte Ltd	This activity is only suitable for guests who are ages 16 and above.	This activity is only suitable for guests who have a minimum height requirement of 1.55m.
33	Strength & Conditioning by Jacob Manning (brought to you by True Fitness)	True Fitness	This activity is only suitable for guests who are ages 18 and above.	NA

34	Sunset Flow by Jacob Manning (True Fitness Hour)	True Fitness	This activity is only suitable for guests who are ages 18 and above.	NA
35	WeBarre Fundamentals	WeBarre	This activity is only suitable for guests who are ages 12 and above. For participants below 16, parental consent is required	NA
36	WeBarre Signature Multi-Level	WeBarre	This activity is only suitable for guests who are ages 12 and above. For participants below 16, parental consent is required	NA
37	WeBarre Stretch & Technique	WeBarre	This activity is only suitable for guests who are ages 12 and above. For participants below 16, parental consent is required	NA
38	Zumba by Nira & Jerr (True Fitness Instructors) (True Fitness Hour)	True Fitness	This activity is only suitable for guests who are ages 18 and above.	NA

BondWELL

No.	Activity Title (200 characters)	Min Age Requirement
1	Therapeutic Forest Walk @ Imbiah Trail	This activity is only suitable for guests who are ages 6 and above. For kids below 12, it is advisable to be accompanied by 1 adult.
2	Scavenger Hunt	
2a	Games of YesterYears	
2b	Checkpoint #1	
2c	Checkpoint #2	
2d	Checkpoint #3	
2e	Checkpoint #4	
2f	Checkpoint #5	

FeelWELL

No.	Activity Title (200 characters)	Min. Age Requirement
1	Moss Art Making	This activity is only suitable for guests who are ages 6 and above. For kids below 12, it is advisable to be accompanied by 1 adult.
2	Pressed Flowers Art Making	This activity is only suitable for guests who are ages 6 and above. For kids below 12, it is advisable to be accompanied by 1 adult.
3	FeelWELL	
4	Every Droplet An Ocean: Cycles of Inner Growth	
5	Beach Tufting	This activity is only suitable for guests who are ages 6 and above. For kids below 12, it is advisable to be accompanied by 1 adult.
6	Bearbrick Keychain	This activity is only suitable for guests who are ages 6 and above. For kids below 12, it is advisable to be accompanied by 1 adult.
7	Beach Sand Art	This activity is only suitable for guests who are ages 6 and above. For kids below 12, it is advisable to be accompanied by 1 adult.
8	DIY Crystal	This activity is only suitable for guests who are ages 6 and above. For kids below 12, it is advisable to be accompanied by 1 adult.
9	Mini Plaster Character Painting	This activity is only suitable for guests who are ages 6 and above. For kids below 12, it is advisable to be accompanied by 1 adult.